

OVERVIEW



1. Headphone / microphone combo jack (3.5mm)	5. USB-A (USB 10Gbps)
2. USB-A (USB 5Gbps), Always On	6. USB-C (USB4 40Gbps), USB PD 3.0 & DP 1.4a
3. Power button	7. microSD card reader
4. HDMI	



PERFORMANCE

Processor

Processor Family

AMD Ryzen™ 5 / 7 Processor

Processor**

Processor Name	Cores	Threads	Base Frequency	Max Frequency	Cache	Processor Graphics
AMD Ryzen™ 5 6600U	6	12	2.9GHz	4.5GHz	3MB L2 / 16MB L3	AMD Radeon™ 660M Graphics
AMD Ryzen™ 7 6800U	8	16	2.7GHz	4.7GHz	4MB L2 / 16MB L3	AMD Radeon™ 680M Graphics

Operating System

Operating System

Windows® 11 Pro

Graphics

Graphics**

Graphics	Type	Memory	Key Features
AMD Radeon™ 660M	Integrated	Shared	DirectX® 12
AMD Radeon™ 680M	Integrated	Shared	DirectX® 12

Monitor Support

Monitor Support

Supports up to 3 independent displays (native display and 2 external monitors via HDMI® and USB-C®)

- HDMI® supports up to 4096x2160@60Hz
- USB-C® supports up to 5120x3200@60Hz

Chipset

Chipset

AMD SoC (System on Chip) platform

Memory

Max Memory

- 8GB soldered memory, not upgradable
- 16GB soldered memory, not upgradable
- 32GB soldered memory, not upgradable

Memory Slots

Memory soldered to systemboard, no slots, dual-channel

Memory Type

LPDDR5-6400

Storage

Storage Support[1]

One drive, up to 1TB M.2 2242 SSD

Storage Slot

One M.2 2280 PCIe® 4.0 x4 slot

Storage Type

Disk Type	Interface	Offering
M.2 2242 SSD	PCle® NVMe®, PCle® 4.0 x4	256GB / 512GB / 1TB

Notes:



[1] The storage capacity supported is based on the test results with current Lenovo® storage offerings.

Removable Storage

Card Reader

microSD card reader

Multi-Media

Audio Chip

High Definition (HD) Audio, Realtek® ALC3306 codec

Speakers

Stereo speakers, 2W x2 (woofers), 2W x2 (tweeters), optimized with Dolby Atmos®, Smart Amplifier (AMP)

Microphone

Dual-microphone array

Camera

FHD 1080p + IR, with privacy shutter, fixed focus

Sensor

Sensors

- Accelerometer (G) sensor
- · Hall sensor

Battery

Battery

Integrated Li-Polymer 71Wh battery, supports Rapid Charge Express (get 3 hours of runtime with a 15-minute charge)[1]

Max Battery Life[2]

· 2.2K IPS models:

MobileMark® 2018@200nits: 15 hr

Local video (1080p) playback@150nits: 17 hr

2.8K OLED models:

MobileMark® 2018@200nits: 13 hr

Local video (1080p) playback@150nits: 15 hr

Notes:

[1] Rapid Charge Express is only effective in hibernates or fully shutting down the computer.

[2] All battery life claims are approximate maximum and based on results using the MobileMark® 2014, MobileMark® 2018, MobileMark® 25, JEITA 2.0, continuous 1080p video playback (with 150nits brightness and default volume level) or Google Power Load Test (PLT) battery-life benchmark tests. Actual battery life will vary depending on many factors such as product configuration and usage, software use, wireless functionality, power management settings, and screen brightness. The maximum capacity of the battery will decrease with time and use.

Power Adapter

Power Adapter**[1]

- 65W USB-C® (3-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- 65W USB-C® slim (2-pin, wall-mount) AC adapter, supports PD 3.0, 100-240V, 50-60Hz

Notes:

[1] AC adapter offerings depend on the country.

DESIGN

Display

Display**

Size	Resolution	Touch	Туре	Brightness	Surface	Aspect Ratio	Contrast Ratio		Refresh Rate	Viewing Angle (L/R/U/D)	Key Features
14"	2.2K	Multi-	IPS ^[1]	300nits	Glossy	16:10	1,500:1	100%	60Hz	85°/85°/85°/85°	Above 90%



	(2240x1400)	touch						sRGB			screen-to- body ratio, Dolby Vision®, TÜV Low Blue Light (Hardware)
14"	2.8K (2880x1800)	Multi- touch	OLED	400nits	Glossy	16:10	100,000:1	100% DCI- P3	90Hz (Max)	87.5°/87.5°/87.5°	Above 90% screen-to-body ratio, Dolby Vision®, TÜV Low Blue Light (Hardware), VESA DisplayHDR™ True Black 500

Touchscreen

GF2 or OGM (One Glass Metal mesh) multi-touch, supports 10-point touch

Notes:

[1] IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.

Multi-mode

Multi-mode

Laptop, tent, stand, and tablet modes supported by 360° hinge

Input Device

Pen**

- Lenovo® Digital Pen with replaceable AAAA alkaline battery, 4096 levels of pressure sensitivity. For more information, please read <u>Lenovo® Digital Pen Overview</u>
- Lenovo® Digital Pen without replaceable AAAA alkaline battery, 4096 levels of pressure sensitivity. For more
 information, please read <u>Lenovo® Digital Pen Overview</u>
- Lenovo® E-color Pen with built-in rechargeable battery, 4096 levels of pressure sensitivity. For more information, please read <u>Lenovo® E-Color Pen Overview</u>
- No pen (purchase separately)

Keyboard

6-row, multimedia Fn keys

Keyboard Backlight

LED backlight

Touchpad

Buttonless glass surface multi-touch touchpad, supports Precision TouchPad (PTP), 75 x 120 mm (2.95 x 4.72 inches)

Mechanical

Dimensions (WxDxH)[1]

316.66 x 220.25 x 17.35 mm (12.47 x 8.67 x 0.68 inches)

Weight^[2]

Models	Weight
Models with 2.2K IPS panel	Starting at 1.45 kg (3.20 lbs)
Models with 2.8K OLED panel	Starting at 1.42 kg (3.13 lbs)

Case Color**

- Stone blue
- · Storm grey

Surface Treatment

Yoga 7 14ARB7



Aluminium CNC (anodized with sandblasting)

Case Material

Aluminium (top), aluminium (bottom)

Notes:

[1] The system dimensions may vary depending on configurations.

[2] The system weight is approximate and based on results in Lenovo® lab, which varies depending on the source of component, variance of the distribution of each component, and manufacturing process. It may not be the exact weight for each specific model.

CONNECTIVITY

Network

Ethernet

No onboard Ethernet

WLAN + Bluetooth®**[1]

- Wi-Fi[®] 6, 802.11ax 2x2 Wi-Fi[®] + Bluetooth[®] 5.1, M.2 card^[2]
- Wi-Fi® 6E, 802.11ax 2x2 Wi-Fi® + Bluetooth® 5.1, M.2 card[3]

Notes:

[1] Bluetooth® may operate at a lower version than hardware design depending on the factors such as operating system, driver, etc.

[2] Wi-Fi® 6 full features might be limited by country-level restrictions.

[3] Wi-Fi® 6E full features might be limited by country-level restrictions.

6GHz Wi-Fi® 6E operation is dependent on the support of the operating system, routers/APs/Gateways that support Wi-Fi® 6E, and the regional regulatory certifications & spectrum allocation.

Ports^[1]

Standard Ports

- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1), Always On
- 1x USB-A (USB 10Gbps / USB 3.2 Gen 2)
- 1x USB-C® (USB4® 40Gbps), with USB PD 3.0 and DisplayPort™ 1.4a
- 1x HDMI® 2.0
- 1x Headphone / microphone combo jack (3.5mm)
- · 1x microSD card reader

Notes:

[1] The transfer speed of the ports will vary and, depending on many factors, such as the processing speed of the host device, file attributes and other factors related to system configuration and your operating environment, will be slower than theoretical speed.

SECURITY & PRIVACY

Security

Security Chip

Firmware TPM 2.0 integrated in SoC

Fingerprint Reader

- · Touch style fingerprint reader on palm rest
- · No fingerprint reader

BIOS Security

- · Administrator password
- User password
- User hard disk password
- Master hard disk password
- · Self-healing BIOS

Other Security



- IR camera for Windows® Hello (facial recognition)
- · Camera privacy shutter

SERVICE

Warranty

Base Warranty**

- 1-year courier or carry-in service
- 2-year (1-yr battery) courier or carry-in service
- 3-year (1-yr battery) courier or carry-in service

ACCESSORIES

Bundled Accessories

Bundled Accessories[1]

None

Notes:

[1] For more compatible accessory solutions, please visit Accessories for Yoga® 7 14ARB7.

OPERATING REQUIREMENTS

Operating Environment

Temperature[1]

- At altitudes up to 2438 m (8,000 ft)
 - Operating: 5°C to 35°C (41°F to 95°F)
 - Storage: 5°C to 43°C (41°F to 109°F)
- At altitudes above 2438 m (8,000 ft)
 - Maximum temperature when operating under the unpressurized condition: 31.3°C (88°F)

Relative Humidity

- Operating: 8% to 95% at wet-bulb temperature 23°C (73°F)
- Storage and transportation: 5% to 95% at wet-bulb temperature 27°C (81°F)

Altitude

Maximum altitude (without pressurization): 3048 m (10,000 ft)

Notes:

[1] When you charge the battery, its temperature must be no lower than 10°C (50°F).

CERTIFICATIONS

Green Certifications[2]

- ENERGY STAR® 8.0
- EPEAT™ Silver Registered^[3]
- ErP Lot 3
- RoHS compliant

Notes:

[1] The items listed under the "Green Certifications" section may not only refer to certification but also registration or self-declaration. For ESG & regulatory compliance documents, please visit https://compliance.lenovo.com.

[2] EPEAT™ registration and ENERGY STAR® certification are dependent on system OS. Please visit <u>epeat.net</u> and <u>energystar.gov</u> for more information.

[3] EPEAT™ is registered where applicable, please visit <u>epeat.net</u> for registration status by country.

Other Certifications



Other Certifications

TÜV Rheinland[®] Low Blue Light (Hardware Solution)

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